


WOMEN'S SWIM SIZING GUIDELINES



CHEST
Measure over the fullest part of your bust and around your back.


WAIST
Stand straight, measure around your natural waist (navel).

HIPS
Measure the widest part of the hips.

TORSO
The distance from the crotch to the base of the sternal notch

*Long suits are 2.5cm or 1" larger on the body loop circumference

Dress Size	1	2	4	6	8	10	12	14	16	.	.
Bikini Sizing	.	.	XXS	XS	S	M	L	XL	.	.	.
Xtra Life Lycra®	26	28	30	32	34	36	38	40	42	.	.
Durafast™	26	28	30	32	34	36	38	40	42	.	.
Chest	26	28	30	32	34	36	38	40	42	.	.
WAIST	22	24	25	26	27	29	30	32	33	.	.
HIPS	28	30	32	34	36	40	42	44	46	.	.



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Stand straight, measure around your natural waist (navel).

HIPS
Measure the widest part of the hips.

TORSO
The distance from the crotch to the base of the sternal notch

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Xtra Life Lycra®	26	28		30	32	34	36	38
Durafast™	26	28		30	32	34	36	38
Chest	35	37		39	41	43	45	47
WAIST	26	28		30	32	34	36	38
HIPS	32	34		36	38	40	42	44
Torso	63	64		66	68	71	73